In concurrence with the new national policy of physical fitness, the boy's P.E. Department is now stressing four main types of techniques. They are: circuit training, competitive exercise, buddy exercise and steeple chase.



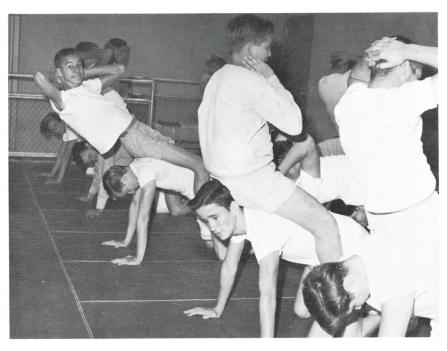
Oliver Bidwell Fresno State B.A.



Vico Bondietti San Jose State B.A., M.A.



Richard Francis San Jose State A.A., B.A., M.A.



"On your mark, get set . . . Hey, who turned the saddles around?"



"One, two, cha cha cha."



Aren't you rolling it up the hard way?